

## Project Overview

Welcome to Lioness Lunch, a one week literacy project in which children are challenged to create and film a healthy snack which provides them all of the things they need to compete at the top of their game, just like the English Lionesses do. Your pupils will use film and sport as a hook to educate themselves about healthy eating and exercise. Linking English to Science and ICT, this project gives pupils a unique way to learn about making healthy eating choices and cooking, whilst using **instruction** and **script** writing.

Over the 5 lessons, pupils will learn more about different food groups, healthy eating concepts and the beneficial effects of a balanced diet. To see what your final video might look like, watch [this example video](#).

The project includes opportunities for:

- Working collaboratively in pairs, groups and as a whole class, as well as independent working,
- Linking work in English to the Science and DT programs of study
- Using IT to engage children and produce a high-quality end result
- Engaging parents and other interested parties by sharing the finished video, possibly as part of a school [‘LitFilmFest’ Assembly!](#)

There are also plenty of opportunities to develop sentence level skills at different levels.

***Before the project starts: you will need to decide on the simple meal they are making, possibly from options in the resource folder. They will make this in lesson 1.***

	Lesson	Content	Literacy tasks
1	<b>Cook and film sequence and vocab collection</b>	<ol style="list-style-type: none"> <li>1. Watch project intro video</li> <li>2. Make the recipe and film it</li> <li>3. Discuss, sequence and collect good vocabulary</li> </ol>	Familiarisation with instructions, finding imperative verbs and adverbs of manner, note taking
2	<b>Writing instructions</b>	<ol style="list-style-type: none"> <li>1. Watch the video</li> <li>2. Study features of instructions</li> <li>3. Word level focus</li> <li>4. Write own instructions for class recipe</li> </ol>	Features of instructions, writing own set of instructions using features, peer assessment
3	<b>Nutritional research</b>	<ol style="list-style-type: none"> <li>1. Watch the example video</li> <li>2. Study infographic to write own links between food and sport</li> </ol>	Research and comprehension, techniques for adding information to sentences
4	<b>Scripting</b>	<ol style="list-style-type: none"> <li>1. Rehearse recipe, features and nutritional value</li> <li>2. Shared write introduction</li> <li>3. Prepare the script and film</li> </ol>	Oral retelling, script writing, shared writing
5	<b>Final interview</b>	<ol style="list-style-type: none"> <li>1. Watch final video</li> <li>2. Explore open and closed questioning</li> <li>3. Write open questions</li> </ol>	Open and closed questioning, script writing

**Your final output video will be a short video made of 10 clips**

1. Introduction and accepting the challenge
2. Recipe step 1
3. Nutritional value and link to sport
4. Recipe step 2
5. Nutritional value and link to sport
6. Recipe step 3
7. Nutritional value and link to sport
8. Recipe step 4
9. Nutritional value and link to sport
10. Interview with a Lioness and final thanks

To see what your final video might look like, watch this [example video](#).

**Filming and Editing Preparation**

- Ensure there is enough free memory space on all iPads and that they are fully charged.
- We recommend filming all your footage first before starting to edit.
- This project could be completed on any video editing app such as [Adobe Spark Video](#) or iMovie.
- At the end of the project, the films could be shared with other children in school as a healthy eating assembly and with parents at home to encourage healthy eating.
- Also, visit [litfilmfest.com](http://litfilmfest.com) to find out how to submit finished projects for the chance to win a YouTube Kids filming day at your school, the opportunity to see your film at a local cinema, or both!